



Protecting what matters most



Happy anniversary!

Hi Louise,

It's the anniversary of when you took out your plan with us. Which means you're still protecting what matters most, so let's check and make sure you've still got everything you need...

What to keep in mind



Are your details up to date?

Take some time to look over your plan, check your personal details and let us know about any changes you need to make.



Make the most of your My Royal London account

If you haven't already, you can sign up for your My Royal London account which allows you to see an overview of all your life insurance plans in one place, update your personal details and free access to Helping Hand – which includes a virtual GP service, the Thrive mental wellbeing app, a personalised health report and physiotherapy.

[Head to My Royal London](#)



Get to know your plan

It helps to know how your cover works and what you need to consider to make sure it still fits your needs. We've put together some handy FAQs to help, just pick the link below that's right for your plan:

[Income protection FAQs](#)

[Mortgage guarantee FAQs](#)

[Whole of life FAQs](#)



Advisers are there to help

Advisers are there to offer advice tailored to your needs. So, if your circumstances change they can help review your plan to check it's still right for you. Advisers may charge for any advice they give but should agree any fees with you up front. If you don't have an adviser yet, you can find one here:

[Find an adviser](#)



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[My Royal London](#)



[Getting extra help](#)



Helping Hand is a package of support services and each service is provided by third parties that aren't regulated by the Financial Conduct Authority or the Prudential Regulation Authority. These services aren't part of our terms and conditions and don't form part of your insurance contract with us, so can be amended or withdrawn at any time. This means that you or your family's access to these services could be amended or withdrawn by us in the future.

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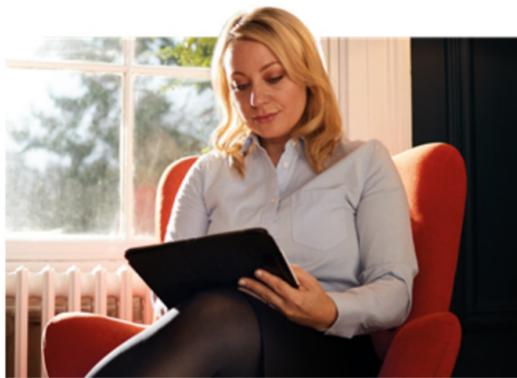
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